

Hayley Wolfgruber & Lucy Sheridan
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Wilton Y Wahoos, CT

Yet another night down, including the creation of many more memories to add to the memory book. After finding out our men's team was in first place after last night's finals, our entire team was pumped and ready to shine all day today. We were not swimming any events in trials, being our day off, but we could definitely feel the positive vibes flowing through our team...or as our coach calls it, synergy. We watched as multiple teammates blew away their best times and fed off one another's success. We watched as our teammate claimed 2nd place in the final of the men's 200 free, and are now anxiously waiting out a power outage to watch our teammates 400 free relays, where our men are in a dog fight for first. We can only hope and pray for the same excitement to be carried over into our events tomorrow.

As we were cheering tonight, we noticed another team's t-shirts and, simultaneously, commented on how we both wanted one. The green t's read, "From the outside looking in you cant understand it. From the inside looking out you can explain it. We both felt that this quote summed up this week completely because it is a truly magical meet that only the athletes here can fathom. No matter whether it's the goofy accidents that occur or the breathtaking swims that we witness, everything in this entire week makes the experience like none other. As we often tell our rookies, "Become a sponge and soak up everything you face."

This journal is a shorter one tonight, due to the lack of time between swims and warming-up for tomorrow's events. We're off now to cheer for our relays...wish us luck!!!