

Tuesday, April 04, 2006

The first day of our first Y-Nationals ever!! So far just being down here has been great, but the actual meet fun and chaotic. We have met so many new people from all over the United States. Last night at the athlete welcome party Brooke Bennett talked to everyone. It was very inspiring because she was a national champion at the age of 15. We also got to do the annual cap exchange; this introduced us to teams from New York to California.

We are not swimming any events today in prelims, but we are swimming trials in the 50 free (Maggee) and the 200 IM (Katy). We got to watch some amazing swims this morning. Our teammate made 8th in the 100 back and we are looking forward to seeing him swim tonight. The pool is extremely fast but the water is freezing!!!!!!! From here you can see the ocean and feel the warm breeze.

The people here are so nice and helpful. Our coach has helped us get adjusted to the overall pressure that comes with being at nationals. We can't wait to watch some diving here. It will be a new experience to witness such a gutsy sport. We hope to do well in our trials today. We will be sure and tell you how we do. Over this entire meet has been fantabulous!! ☺

**Katy Sorrells and Maggee Anderson
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