

2007 National YMCA Diving Championship ELIGIBILITY INFORMATION FOR DIVING

Eligibility Of Associations

- A. In order for an Association to participate in the National Championships, it must be a certified YMCA and be in good standing with its own State / Cluster / Field Committee /Individual administering of the YMCA Sports Program.
- B. Each Association (Branch) may hold only one USA-S or USA-D Certificate of Insurance. An Association (Branch) may not be part of more than one USA-S or USA-D Certificate of Insurance (Can't be comprised of swimmers or divers of more than one USA-S or USA-D team).
- C. If an Association does not sponsor a swimming or diving team, an eligible athlete from the Association may participate in the National Meet representing their own YMCA, provided the entry is approved by the Group Rep in that State or Field and by the YMCA of the USA Competitive Swimming and Diving Advisory Committee.
- D. Each Association must be in good standing as a member of the YMCA of the U.S.A.

Eligibility Of Individuals

In order to be eligible to participate in the National YMCA Swimming and Diving Championships a contestant must:

1. Be a member of a local YMCA and must have a full privilege Annual membership for a minimum of ninety days prior to the first day of the National Championships. **(January 2, 2007).**
2. Must be at least 12 years of age and not over 21 as of the first day of the 2007 National YMCA Short Course Swimming and Diving Championships.
3. Any student who represents or has at any time represented an educational institution beyond Grade 12 in competitive swimming or diving shall be ineligible to participate in the National YMCA Short Course Swimming & Diving Championship Meet.
4. In order to fulfill eligibility requirements for the National YMCA Short Course Diving championships, the High School, USA Diving, or AAU diving meet must be sanctioned by their respective Governing Body.
5. FOR DIVERS: The following qualifications must be met by all divers entering the Championships:

REQUIREMENTS FOR ONE METER				
EVENT	VOLUNTARIES MAX DD	OPTIONALS	MINIMUM DD	MINIMUM SCORE
Boys 16 -21	5 vols. 9.0	5	8.5	132.00
Boys 12 -15	5 vols. 9.0	4	6.8	102.00
Girls 16 -21	5 vols. 9.0	4	6.8	102.00
Girls 12 -15	5 vols. 9.0	3	5.2	78.00

REQUIREMENTS FOR THREE METER				
EVENT	VOLUNTARIES MAX DD	OPTIONALS	MINIMUM DD	MINIMUM SCORE
Boys 16 - 21	5 vols. 9.5	5	9.4	141.00
Boys 12 -15	5 vols. 9.5	4	7.4	111.00
Girls 16 -21	5 vols. 9.5	4	7.4	111.00
Girls 12 -15	5 vols. 9.5	3	5.5	82.50

The 2006 - 2007 USA Diving Junior rules will be followed for the 2007 YMCA National Diving Championships. The Boys and Girls 12-15 age group events will utilize the 14-15 rules. The Boys and Girls 16-21 age group will follow the 16-18 rules. Please consult USA Diving's web site for details: www.usadiving.org. These are the same as the FINA rules for these age groups. Age determination date for YMCA divers shall be age on December 31st.

- a. All divers must show proof of Degree of Difficulty for the number of optional dives as well as proof of the minimum score as shown in the previous tables.
- b. Diving sheets are to be brought to the meet (not sent with entry) and you must have them checked during registration. This proof must include the total degree of difficulty for optional dives and be signed by the meet referee.
- c. These dives are limited to two sheets, those dives **MUST** be circled and each sheet signed by the meet referee.
- d. The current season (September 1 - March 21) plus the previous National YMCA Short Course Diving Championships may be used as proof.