

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Meet Program - 4th Day Finals

Event 41 Women 1650 Yard Freestyle Swimming Competition

National: 16:04.96 4/5/2007 Leah Gingrich

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 7 Finals | | | | |
| 1 | Kata Fodor | 19 | Sarasota-FL | 16:49.15 |
| 2 | Cha-cha Bugatti | 15 | Sarasota-FL | 16:45.68 |
| 3 | Marissa Harrington | 18 | Sarasota-FL | 16:39.34 |
| 4 | Kelly Ann Baird | 17 | Winston-Salem-NC | 16:31.32 |
| 5 | Casey Ridge | 18 | ME Lyons-OH | 16:38.09 |
| 6 | Hali Flickinger | 14 | York-PA | 16:43.15 |
| 7 | Laura Simon | 18 | Middle Tyger-SC | 16:48.66 |
| 8 | Claire Loht | 16 | West Shore-PA | 17:02.52 |

Event 42 Men 1650 Yard Freestyle Swimming Competition

National: 15:10.41 4/5/2007 Charlie Houchin

| Lane | Name | Age | Team | Seed Time |
|---------------------------|------------------|-----|-----------------|-----------|
| Heat 1 of 6 Finals | | | | |
| 1 | Jason Brame | 17 | Lynchburg-VA | 15:52.36 |
| 2 | Matthew Kaminske | 18 | Sarasota-FL | 15:49.47 |
| 3 | Ty Perkins | 18 | South Family-OH | 15:40.89 |
| 4 | John Orban | 18 | Sarasota-FL | 15:15.71 |
| 5 | John Silvers | 16 | Sarasota-FL | 15:35.59 |
| 6 | Chris Kramer | 18 | York-PA | 15:45.50 |
| 7 | Alex Miller | 17 | ME Lyons-OH | 15:51.37 |
| 8 | Graham Williams | 15 | Catawba-NC | 16:01.64 |

Event 33 Women 200 Yard Freestyle Relay Swimming Competition

National: 1:33.26 4/5/2007 YMCA of the Triangle Area

T Long, S Drechsel, A Myers, C Cooper

| Lane | Team | Relay | Prelims |
|-------------------------|------------------|-------|---------|
| Heat 1 B - Final | | | |
| 1 | Greensburg-PA | | 1:37.94 |
| 2 | Oshkosh-WI | | 1:37.81 |
| 3 | SomersetValleyNJ | | 1:37.45 |
| 4 | B R Ryall-IL | | 1:37.33 |
| 5 | Triangle Area-NC | | 1:37.37 |
| 6 | SomersetHills-NJ | | 1:37.68 |
| 7 | LakelandHills-NJ | | 1:37.89 |
| 8 | Tri-Hampton-PA | | 1:38.15 |
| Heat 2 A - Final | | | |
| 1 | Springfield-OH | | 1:37.18 |
| 2 | Anne Arundel-MD | | 1:36.89 |
| 3 | Reading-PA | | 1:36.26 |
| 4 | Birmingham-MI | | 1:35.68 |
| 5 | Middle Tyger-SC | | 1:36.22 |
| 6 | Sarasota-FL | | 1:36.55 |
| 7 | FanwoodScotch-NJ | | 1:37.06 |
| 8 | Wilton-CT | | 1:37.27 |
| Alternates | | | |
| 1 | Canandaigua YMCA | | 1:38.26 |
| 2 | Upper Main Line | | 1:38.41 |

Event 34 Men 200 Yard Freestyle Relay Swimming Competition

National: 1:22.64 4/8/2005 Wilton CT

P Baity, R Hannigan, A Trepp, J Sudbury

| Lane | Team | Relay | Prelims |
|-------------------------|--------------------|-------|---------|
| Heat 1 B - Final | | | |
| 1 | West Shore-PA | | 1:26.43 |
| 2 | SomersetValleyNJ | | 1:26.36 |
| 3 | Brandywine-De | | 1:26.01 |
| 4 | B R Ryall-IL | | 1:25.90 |
| 5 | Middle Tyger-SC | | 1:25.98 |
| 6 | Green Bay -WI | | 1:26.15 |
| 7 | Sarasota-FL | | 1:26.42 |
| 8 | LakelandHills-NJ | | 1:26.46 |
| Heat 2 A - Final | | | |
| 1 | Triangle Area-NC | | 1:25.55 |
| 2 | New Canaan-CT | | 1:25.05 |
| 3 | Sunbury-PA | | 1:24.70 |
| 4 | Riverfront-NJ | | 1:23.69 |
| 5 | Schroeder-WI | | 1:24.69 |
| 6 | Red Bank - NJ | | 1:25.02 |
| 7 | Bath Area-ME | | 1:25.13 |
| 8 | Montgomery-AL | | 1:25.74 |
| Alternates | | | |
| 1 | Upper Main Line | | 1:26.60 |
| 2 | Westport/Weston CT | | 1:26.62 |

Event 35 Women 200 Yard Butterfly Swimming Competition

National: 1:56.75 4/15/2008 Leah Gingrich

| Lane | Name | Age | Team | Prelims |
|-------------------------|-------------------|-----|------------------|---------|
| Heat 1 C - Final | | | | |
| 1 | Elizabeth Simon | 17 | Middle Tyger-SC | 2:07.01 |
| 2 | Erica Demunbrun | 15 | Attleboro-MA | 2:06.60 |
| 3 | Nicole Osman | 16 | Western Br-DE | 2:06.17 |
| 4 | Amber Wingfield | 15 | Lynchburg-VA | 2:05.91 |
| 5 | Jaina Lumkong | 16 | West Morris-NJ | 2:06.15 |
| 6 | Emily Renzini | 15 | Spokane-WA | 2:06.59 |
| 7 | Kelly Heyde | 18 | Wilton-CT | 2:06.87 |
| 8 | Abbey Tuchscherer | 17 | Oshkosh-WI | 2:07.04 |
| Heat 2 B - Final | | | | |
| 1 | Kendall Farnham | 16 | Anne Arundel-MD | 2:05.71 |
| 2 | Emri Moore | 15 | Spokane-WA | 2:04.89 |
| 3 | Erin Burke | 18 | Triangle Area-NC | 2:04.71 |
| 4 | Jesse Bessire | 17 | Sarasota-FL | 2:03.94 |
| 5 | Rocky Raybon | 17 | Sarasota-FL | 2:04.63 |
| 6 | Courtney Beidler | 17 | Tri-Hampton-PA | 2:04.81 |
| 7 | Shannon Draves | 18 | Pottstown-PA | 2:05.25 |
| 8 | Rachel Harrington | 16 | Sarasota-FL | 2:05.75 |

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Meet Program - 4th Day Finals

Heat 3 A - Final (#35 Women 200 Yard Butterfly Swimming

| | | | | |
|---|-------------------|----|-----------------|---------|
| 1 | Emily Needham | 18 | North Shore-MA | 2:03.48 |
| 2 | Addie Carne | 18 | Middle Tyger-SC | 2:03.24 |
| 3 | Corinne Showalter | 18 | Sarasota-FL | 2:02.33 |
| 4 | Haley Lips | 15 | Middle Tyger-SC | 1:59.39 |
| 5 | Rachel Moore | 14 | Andover-MA | 2:01.25 |
| 6 | Caroline Smith | 18 | Rowan-NC | 2:02.92 |
| 7 | Sarah Dotzel | 17 | York-PA | 2:03.35 |
| 8 | Heather Savage | 18 | Canandaigua-NY | 2:03.76 |

Alternates

| | | | | |
|---|----------------|----|-------------|---------|
| 1 | Shelby Leonard | 16 | Sarasota-FL | 2:07.09 |
| 2 | Hilary Woldt | 17 | Oshkosh-WI | 2:07.10 |

Event 36 Men 200 Yard Butterfly Swimming Competition

National: 1:45.58 2001 J. Cramer

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 C - Final

| | | | | |
|---|------------------|----|----------------|---------|
| 1 | Graham Charlton | 17 | Schroeder-WI | 1:54.09 |
| 2 | Steven Gasparini | 16 | West Shore-PA | 1:53.83 |
| 3 | Brad Bielak | 17 | Ridgewood-OH | 1:53.31 |
| 4 | Billy Draves | 16 | Pottstown-PA | 1:53.13 |
| 5 | Aaron Lawson | 16 | Countryside-OH | 1:53.25 |
| 6 | Eric Naylor | 17 | West Shore-PA | 1:53.71 |
| 7 | Marty Rauch | 17 | Sarasota-FL | 1:54.02 |
| 8 | Sava Turcanu | 14 | Catawba-NC | 1:54.46 |

Heat 2 B - Final

| | | | | |
|---|-------------------|----|--------------|---------|
| 1 | Nicholas Caldwell | 15 | Sarasota-FL | 1:52.82 |
| 2 | Wesley Trumbauer | 17 | Boyetown-PA | 1:52.49 |
| 3 | Patrick Ceddia | 17 | Sarasota-FL | 1:51.63 |
| 4 | Matt Salig | 17 | Lionville-PA | 1:50.90 |
| 5 | Mason Shaw | 17 | Spokane-WA | 1:50.94 |
| 6 | Francisco Vital | 17 | Schroeder-WI | 1:52.25 |
| 7 | Brendan Fortin | 18 | Andover-MA | 1:52.77 |
| 8 | Andrew Yunker | 14 | Gr. Flint-MI | 1:52.86 |

Heat 3 A - Final

| | | | | |
|---|------------------|----|------------------|---------|
| 1 | Chris Wiederecht | 17 | Westport/Weston | 1:50.70 |
| 2 | Matt Navata | 17 | Montclair-NJ | 1:50.65 |
| 3 | Dominick Glavich | 15 | Triangle Area-NC | 1:49.12 |
| 4 | Luke Bushman | 18 | Green Bay -WI | 1:48.25 |
| 5 | Mark Cox | 17 | Sarasota-FL | 1:48.96 |
| 6 | Nathan Hart | 17 | W.North Carolina | 1:50.38 |
| 7 | David Ingraham | 16 | Middle Tyger-SC | 1:50.65 |
| 8 | Won Ho Chang | 17 | Bath Area-ME | 1:50.79 |

Alternates

| | | | | |
|---|---------------|----|------------------|---------|
| 1 | Josh Jacobson | 17 | Edwardsville-IL | 1:54.46 |
| 2 | Nathan Reed | 17 | UpperMainLine-PA | 1:54.87 |

Event 37 Women 100 Yard Breaststroke Swimming Competition

National: 1:02.25 1999 C. Clark

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 C - Final

| | | | | |
|---|----------------------|----|------------------|---------|
| 1 | Becca Murray | 17 | Brandywine-De | 1:05.99 |
| 2 | Chelsea Unger | 17 | West Monmouth-NJ | 1:05.92 |
| 3 | Caroline Fore | 17 | Middle Tyger-SC | 1:05.53 |
| 4 | Kendra Crew | 14 | Springfield-OH | 1:05.27 |
| 5 | Erica Lynn | 18 | Edwardsville-IL | 1:05.34 |
| 6 | Lizzy Visconti | 18 | Cheshire-CT | 1:05.82 |
| 7 | Savitri Horrigan | 17 | Westport/Weston | 1:05.97 |
| 8 | Madeline Scarborough | 18 | B R Ryall-IL | 1:06.36 |

Heat 2 B - Final

| | | | | |
|---|----------------|----|------------------|---------|
| 1 | Amelia Buckley | 16 | West Monmouth-NJ | 1:05.17 |
| 2 | Sam Hardewig | 15 | ME Lyons-OH | 1:05.15 |
| 3 | Emily Schon | 17 | UpperMainLine-PA | 1:04.79 |
| 4 | Tina DeLakis | 17 | Eau Claire-WI | 1:04.55 |
| 5 | Kim Jerome | 16 | Cheshire-CT | 1:04.74 |
| 6 | Monica Milici | 15 | Middle Tyger-SC | 1:05.01 |
| 7 | Abby Houchin | 17 | Triangle Area-NC | 1:05.16 |
| 8 | Jenelle Zee | 15 | SomersetHills-NJ | 1:05.21 |

Heat 3 A - Final

| | | | | |
|---|-------------------|----|-----------------|---------|
| 1 | KC Moss | 14 | Wilton-CT | 1:04.46 |
| 2 | Rachel Dekar | 17 | Birmingham-MI | 1:03.98 |
| 3 | Laura Gorinski | 18 | Greensburg-PA | 1:03.74 |
| 4 | Laura Johnson | 18 | Montgomery-AL | 1:03.03 |
| 5 | Emily Weir | 17 | Greenwich-CT | 1:03.73 |
| 6 | Stephanie Ferrell | 16 | Montclair-NJ | 1:03.84 |
| 7 | Maddy Morgan | 16 | West Seattle-WA | 1:04.11 |
| 8 | Leah Pronschinske | 14 | Eau Claire-WI | 1:04.54 |

Alternates

| | | | | |
|---|-------------------|----|---------------|---------|
| 1 | Rachel Revolinski | 16 | Oshkosh-WI | 1:06.38 |
| 2 | Britt Rehrig | 18 | Western Br-DE | 1:06.40 |

Event 38 Men 100 Yard Breaststroke Swimming Competition

National: 54.76 1994 J. Linn

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

Heat 1 C - Final

| | | | | |
|---|-----------------|----|------------------|-------|
| 1 | Andrew Keriases | 17 | Springfield-OH | 59.15 |
| 2 | Graham Kauffman | 17 | Middle Tyger-SC | 59.02 |
| 3 | Andrew Seiler | 18 | UpperMainLine-PA | 58.92 |
| 4 | Jeffrey Rowe | 17 | Riverfront-NJ | 58.85 |
| 5 | Atahan Yaya | 17 | Tuscarawas-OH | 58.89 |
| 6 | Raymond Cswerko | 15 | Northwest-CT | 58.99 |
| 7 | Leo Lim | 14 | Wyckoff-NJ | 59.08 |
| 8 | Cameron Weaver | 17 | Gr. Flint-MI | 59.21 |

Heat 2 B - Final

| | | | | |
|---|-----------------|----|------------------|-------|
| 1 | Sho Young | 18 | Schroeder-WI | 58.74 |
| 2 | Jonathan Profit | 17 | Powel Crosley-OH | 58.62 |
| 3 | Ted Millett | 17 | North Shore-MA | 58.48 |
| 4 | Zach Stephens | 16 | Sunbury-PA | 58.09 |
| 5 | Sean Johnson | 16 | SomersetValleyNJ | 58.36 |
| 6 | James Wilson | 16 | Jennersville-PA | 58.50 |
| 7 | John Morton | 18 | Triangle Area-NC | 58.65 |
| 8 | Josh Kinney | 17 | Fox Cities-WI | 58.80 |

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Meet Program - 4th Day Finals

Heat 3 A - Final (#38 Men 100 Yard Breaststroke Swimming)

| | | | | |
|---|-------------------|----|------------------|-------|
| 1 | Andrew Guinther | 17 | Glens Falls-NY | 57.11 |
| 2 | Tanner Lowman | 17 | Rowan-NC | 56.95 |
| 3 | Dominick Glavich | 15 | Triangle Area-NC | 56.86 |
| 4 | William Colbert | 17 | Schroeder-WI | 56.15 |
| 5 | Harrison Cefalo | 16 | Red Bank - NJ | 56.73 |
| 6 | Christian Higgins | 16 | New Canaan-CT | 56.88 |
| 7 | Jared Kauffman | 15 | Middle Tyger-SC | 57.00 |
| 8 | Kevin Steel | 17 | Riverfront-NJ | 57.18 |

Alternates

| | | | | |
|---|----------------|----|-----------------|-------|
| 1 | Riley Bouchard | 17 | Orlando-FL | 59.49 |
| 2 | Evan Mahoney | 14 | Ocean County-NJ | 59.53 |

Event 39 Women 400 Yard Medley Relay Swimming Competition

National: 3:45.71 1993 Houston, TX

A. Breaus, J. Moriarty, S. Carnes, A. Burton

| Lane | Team | Relay | Prelims |
|------|------|-------|---------|
|------|------|-------|---------|

Heat 1 B - Final

| | | | |
|---|------------------|--|---------|
| 1 | Greensburg-PA | | 3:55.58 |
| 2 | ME Lyons-OH | | 3:55.45 |
| 3 | Wilton-CT | | 3:53.99 |
| 4 | York-PA | | 3:53.51 |
| 5 | West Monmouth-NJ | | 3:53.79 |
| 6 | Montclair-NJ | | 3:55.10 |
| 7 | B R Ryall-IL | | 3:55.56 |
| 8 | Reading-PA | | 3:55.62 |

Heat 2 A - Final

| | | | |
|---|------------------|--|---------|
| 1 | Cheshire-CT | | 3:52.94 |
| 2 | Triangle Area-NC | | 3:51.63 |
| 3 | Birmingham-MI | | 3:51.10 |
| 4 | Middle Tyger-SC | | 3:48.96 |
| 5 | Oshkosh-WI | | 3:51.03 |
| 6 | Sarasota-FL | | 3:51.48 |
| 7 | Anne Arundel-MD | | 3:52.39 |
| 8 | Springfield-OH | | 3:53.47 |

Alternates

| | | | |
|---|------------------------|--|---------|
| 1 | Montgomery -East | | 3:55.90 |
| 2 | North Shore (Sterling) | | 3:56.05 |

Event 40 Men 400 Yard Medley Relay Swimming Competition

National: 3:21.05 2001 M.E. Lyons, OH

J. Cramer, R. Kauscher, M. Tomes, M. Bertke

| Lane | Team | Relay | Prelims |
|------|------|-------|---------|
|------|------|-------|---------|

Heat 1 B - Final

| | | | |
|---|------------------|--|---------|
| 1 | Green Bay -WI | | 3:31.72 |
| 2 | Sarasota-FL | | 3:31.64 |
| 3 | ME Lyons-OH | | 3:30.60 |
| 4 | Countryside-OH | | 3:30.03 |
| 5 | Gr. Flint-MI | | 3:30.27 |
| 6 | SomersetValleyNJ | | 3:31.13 |
| 7 | UpperMainLine-PA | | 3:31.70 |
| 8 | West Shore-PA | | 3:31.88 |

Heat 2 A - Final

| | | |
|---|------------------|---------|
| 1 | LakelandHills-NJ | 3:29.46 |
| 2 | Triangle Area-NC | 3:27.94 |
| 3 | Red Bank - NJ | 3:27.26 |
| 4 | Schroeder-WI | 3:22.34 |
| 5 | Sunbury-PA | 3:27.13 |
| 6 | Bath Area-ME | 3:27.65 |
| 7 | Montgomery-AL | 3:28.06 |
| 8 | New Canaan-CT | 3:29.80 |

Alternates

| | | |
|---|-------------------|---------|
| 1 | Reading and Berks | 3:32.07 |
| 2 | B.R. Ryall | 3:32.11 |