

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Session Report

Session: 5 3rd Day Preliminaries

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 22 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	23 Women 400 IM Swimming Competition	123	16	09:00 AM _____
Prelims	25 Women 100 Freestyle Swimming Competition	197	25	10:21 AM _____
Prelims	27 Women 200 Backstroke Swimming Competitio	141	18	10:53 AM _____
	Break: 15 Minutes			
Prelims	29 Women 800 Freestyle Relay Swimming Compe	53	7	11:58 AM _____
	Swimmer Count for Warm-ups: 462	=====	=====	
	Entry / Heat Totals:	514	66	
	Finish Time			12:56 PM _____

Session: 11 3rd day men

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 22 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	24 Men 400 IM Swimming Competition	116	15	09:00 AM _____
Prelims	26 Men 100 Freestyle Swimming Competition	171	22	10:10 AM _____
Prelims	28 Men 200 Backstroke Swimming Competition	122	16	10:36 AM _____
	Break: 15 Minutes			
Prelims	30 Men 800 Freestyle Relay Swimming Competiti	59	8	11:33 AM _____
	Swimmer Count for Warm-ups: 422	=====	=====	
	Entry / Heat Totals:	468	61	
	Finish Time			12:33 PM _____