

2011 YMCA Long Course National Swimming Championship

Schedule of Activities

MONDAY

- 7:30am Pre-meet registration (until 3:00)
2:15 New Coaches Meeting – Spectator Bleachers
3:00 Scratch Box closes for 1500 Freestyle
3:00 Pre-meet Coaches Meeting-Spectator Bleachers
3:30 Pre-meet Officials Meeting – Officials Reg Room
4:15 General Warm-up – No Diving
4:30 Scratch box closes for Tuesday Events
5:00 Clear Pool, Devotions and National Anthem
5:15 Finals Begin
1500 free (men & women) – Alt W/M-fast to slow
7:30 Registration (closes 8:30)

TUESDAY PRELIMS

- 6:00am General Warm-up – No Diving
7:30 Time Trial Sign-up open (closes at 10:00)
7:30 Officials Meeting - Officials Registration Room
8:15 Clear Pool Devotions and National Anthem
8:30am Prelims Begin
1:00 Scratch Box Closes for Wednesday Events
TBD Time Trials – 30 minutes after prelim ends

TUESDAY FINALS

- 4:00pm General Warm-up – No Diving
4:30 Officials Meeting
5:00 Parade of Swimmers and Officials
***Women/Men 1500Free top 20 finishers to Awards Rm*
Devotions and National Anthem
Parade Awards Women & Men 1500 Free
5:45pm Finals Begin with C, B, A Heats
Swim Women & Men 100 Back
Swim Women 400 Free
***Women 100 Back top 20 finishers to Awards Rm*
Swim Men 400 Free
***Men 100 Back top 20 finishers to Awards Rm*
Parade Awards Women & Men 100 Back
Swim Women 50 Breast
***Women 400 Free top 20 finishers to Awards Rm*
Swim Men 50 Breast
***Men 400 Free top 20 finishers to Awards Rm*
Parade Awards Women & Men 400 Free
Swim Women 200 IM
***Women 50 Breast top 20 finishers to Awards Rm*
Swim Men 200 IM
***Men 50 breast top 20 finishers to Awards Rm*
Parade Awards Women & Men 50 Breast
Swim Women 50 Free
***Women 200 IM top 20 finishers to Awards Rm*
Swim Men 50 Free
***Men 200 IM top 20 finishers to Awards Rm*
Parade Awards Women 200 IM
***Women 50 free top 20 finishers to Awards Rm*
Parade Awards Men 200 IM
***Men 50 Free top 20 finishers to Awards Rm*
Parade Awards Women & Men 50 Free
Swim Women & Men 200 Medley Relay

WEDNESDAY PRELIMS

- 6:00am General Warm-up – No Diving
7:30 Time Trial Sign-up open (closes at 10:00)
7:45 Officials Meeting - Officials Registration Room
8:15 Clear Pool
Devotions and National Anthem
8:30am Prelims Begin
1:00 Scratch Box Closes for Thursday events
TBD Time Trials – 30 minutes after prelim ends

WEDNESDAY FINALS

- 4:00pm General Warm-up – No Diving
4:45 Officials Meeting - Officials Registration Room
5:15 Clear Pool for Finals
***Women/Men 200 MR top 20 finishers to Awards Rm*
Devotions and National Anthem
Parade Awards Women 200 Medley Relay
Parade Awards Men 200 Medley Relay
5:30pm Finals Begin with C, B, A Heats
Swim Women 800 Free Final Heat
Swim Women 100 Fly
***Women 800 Free top 20 finishers to Awards Rm*
Swim Men 100 Fly
Parade Awards Women 800 Free
Swim Women 200 Breast
***Women 100 Fly top 20 finishers to Awards Rm*
Swim Men 200 Breast
***Men 100 Fly top 20 finishers to Awards Rm*
Parade Awards Women 100 Fly
Parade Awards Men 100 Fly
Swim Women 200 Free
***Women 200 Breast top 20 finishers to Awards Rm*
Swim Men 200 Free
***Men 200 Breast top 20 finishers to Awards Rm*
Parade Awards Women 200 Breast
***Women 200 Free top 20 finishers to Awards Rm*
Parade Awards Men 200 Breast
***Men 200 Free top 20 finishers to Awards Rm*
Parade Awards Women 200 Free
Parade Awards Men 200 Free
Swim Women 400 Free Relay
Swim Men 400 Free Relay

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THURSDAY PRELIMS

- 6:00am General Warm-up – No Diving
7:30 Time Trial Sign-up open (closes at 10:00)
7:45 Officials Meeting - Officials Registration Room
8:15 Clear Pool
Devotions and National Anthem
Senior Recognition
8:30am **Prelims Begin**
1:00 Scratch Box Closes for Friday Events

THURSDAY FINALS

- 4:00pm General Warm-up – No Diving
4:45 Officials Meeting - Officials Registration Room
5:15 Clear Pool for Finals
***Women/Men 400 FR top 20 finishers to Awards Rm*
Devotions and National Anthem
Parade Awards Women 400 Free Relay
Parade Awards Men 400 Free Relay
5:30pm **Finals Begin with C, B, A Heats**
Swim Women 400 IM
Swim Men 400 IM
Swim Women 100 Free
***Women 400 IM top 20 finishers to Awards Rm*
Swim Men 100 Free
***Men 400 IM top 20 finishers to Awards Rm*
Parade Awards Women 400 IM
Parade Awards Men 400 IM
Swim Women 200 Back
***Women 100 Free top 20 finishers to Awards Rm*
Swim Men 200 Back
***Men 100 Free top 20 finishers to Awards Rm*
Parade Awards Women 100 Free
Parade Awards Men 100 Free
Swim Women 50 Fly
Women 200 Back top 20 finishers to Awards Rm
Swim Men 50 Fly
***Men 200 Back top 20 finishers to Awards Rm*
Parade Awards Women 200 Back
***Women 50 Fly top 20 finishers to Awards Rm*
Parade Awards Men 200 Back
***Men 50 Fly top 20 finishers to Awards Rm*
Parade Awards Women 50 Fly
Parade Awards Men 50 Fly
Swim Women 800 Free Relay
Swim Men 800 Free Relay

9:00 Volunteer Recognition – Invitation Only
Location: TBD

FRIDAY PRELIMS

- 6:00am General Warm-up – No Diving
7:30 Time Trial Sign-up open (closes at 10:00)
7:45 Officials Meeting - Officials Registration Room
8:15 Clear Pool
Devotions and National Anthem
Coach of the Meet Award
8:30am **Prelims Begin**

FRIDAY FINALS

- 4:00pm General Warm-up – No Diving
4:45 Official Meeting - Officials Registration Room
5:15 **Clear Pool for Finals**
***Women/Men 800 FR top 20 finishers to Awards Rm*
Devotions and National Anthem
Parade Awards Women 800 Free Relay
Parade Awards Men 800 Free Relay
5:30pm **Finals Begin with C, B, A Heats**
Swim Men 800 Free Final Heat
Swim Women 200 Free Relay
***Men 800 Free top 20 finishers to Awards Rm*
Swim Men 200 Free Relay
Parade Awards Men 800 Free
Swim Women 200 Fly
***Women 200 FR top 20 finishers to Awards Rm*
Swim Women 200 Fly
***Men 200 FR top 20 finishers to Awards Rm*
Parade Awards Women 200 Free Relay
Parade Awards Men 200 Free Relay
Swim Women 50 Back
***Women 200 Fly top 20 finishers to Awards Rm*
Swim Men 50 Back
***Men 200 Fly top 20 finishers to Awards Rm*
Parade Awards Women 200 Fly
Parade Awards Men 200 Fly
Swim Women 100 Breast
***Women 50 Back top 20 finishers to Awards Rm*
Swim Men 100 Breast
***Men 50 Back top 20 finishers to Awards Rm*
Parade Awards Women 50 Back
***Women 100 Breast top 20 finishers to Awards Rm*
Parade Awards Men 50 Back
***Men 100 Breast top 20 finishers to Awards Rm*
Parade Awards Women 100 Breast
Parade Awards Men 100 Breast
Swim Women 400 Medley Relay
***Women 400 MR top 20 finishers to Awards Rm*
Swim Men 400 Medley Relay
***Men 400 MR top 20 finishers to Awards Rm*
Parade Awards Women 400 Medley Relay
Parade Awards Men 400 Medley Relay
Parade Women's Team Award
Parade Men's Team Award
Parade Combined Team Award