

## 2003 YMCA National Long Course Championship

### Meet Records

Men 100 Back	57.42	7/31/2001	Jayne Cramer - Boise Family-ID-	
Men 100 Breast	1:03.98	1992	M. Hubbell - Countryside, OH	
Men 100 Fly	56.20	8/1/2001	Marty E Tomes - M.E. Lyons-OH-	
Men 100 Free	51.52	8/2/2001	Mark Knepley - Upper Main Line-	
Men 1500 Free	16:14.41	1996	J. Zawacki - Ann Arbor, MI	
Men 200 Back	2:03.58	1999	J. Faltraco - Spartanburg, SC	
Men 200 Breast	2:19.22	1992	M. Hubbell - Countryside, OH	
Men 200 Fly	2:04.43	7/31/2003	Gustavo Calado - Roanoke Central-	
Men 200 Free	1:52.97	1996	A. Messner - Ann Arbor, MI	
Men 200 Free Relay	1:37.02	1996	Ann Arbor, MI	
Men 200 IM	2:08.46	1992	B. Wynn - Spartanburg, SC	
Men 200 Medley Relay	1:46.68	7/31/2001	M.E. Lyons-OH - M.E. Lyons-OH-	J Cramer, R Kauscher, P Carothers, M Bertke
Men 400 Free	3:59.19	1996	A. Messner - Ann Arbor, MI	
Men 400 Free Relay	3:34.54	1996	Ann Arbor, MI	
Men 400 IM	4:32.23	1997	J. Faltraco - Spartanburg, SC	
Men 400 Medley Relay	3:56.41	8/3/2001	M.E. Lyons-OH - M.E. Lyons-OH-	J Cramer, R Kauscher, P Carothers, K Nead
Men 50 Back	26.29	8/3/2001	Jayne O Cramer - M.E. Lyons-OH-	
Men 50 Breast	29.56	1996	R. Henikman - Mansfield, OH	
Men 50 Fly	25.30	8/2/2001	Jayne O Cramer - M.E. Lyons-OH-	
Men 50 Free	23.66	1999	J. Haag - Mansfield, OH	
Men 800 Free	8:26.08	7/29/2003	Peter Volosin - Roanoke Central-	
Men 800 Free Relay	7:54.20	1996	Ann Arbor, MI	
Women 100 Back	1:03.33	7/28/2003	Tricia Weaner - West Shore-PA-	
Women 100 Breast	1:12.32	1996	K. Jones - So. Community,OH	
Women 100 Fly	1:03.32	1991	A. Fritsch - Gamble-NippertOH	
Women 100 Free	57.86	8/1/2002	Claire Woodall-Gainey - Roanoke Central-	
Women 1500 Free	17:02.80	1999	E. Ballenger - Spartanburg, SC	
Women 200 Back	2:16.09	7/30/2003	Tricia Weaner - West Shore-PA-	
Women 200 Breast	2:37.44	1996	K Jones - S. Community, OH	
Women 200 Fly	2:16.33	1991	J. Todisco - Cape Ann, MA	
Women 200 Free	2:03.90	7/29/2003	Lindsey Smith - Plymouth Comm-MI	
Women 200 Free Relay	1:48.91	7/31/2003	Plymouth Community YMCA - Plymouth Comm-MI	L Cole, M Kelly, J Merte, H Smith
Women 200 IM	2:19.98	7/30/2002	Ashley Carusone - N. Central Fl-Fl	

Published 10/12/2003

Women 200 Medley Relay	2:01.56	7/31/2001	Gamble - Nippert Ohio YMCA - Gamble- Nippert-	J Fessel, K Hunter, L Schoborg, C McHugh
Women 400 Free	4:21.04	1996	S. Black - Winston-Salem,NC	
Women 400 Free Relay	3:58.73	8/1/2001	M.E. Lyons-OH - M.E. Lyons-OH-	B Brockman, E Magee, K Ball, M Tomes
Women 400 IM	4:54.95	8/1/2002	Ashley Carusone - N. Central Fl-Fl	
Women 400 Medley Relay	4:25.59	1994	Grand Rapids, MI	
Women 50 Back	29.55	7/31/2003	Meagan Ekkman - Middle Tyger-SC	
Women 50 Breast	33.03	7/28/2003	Lauren Brick - Rappahannock-VA-	
Women 50 Fly	28.24	1994	B. Karaica - Pittsburgh E, PA	
Women 50 Free	26.49	7/30/2002	Claire Woodall-Gainey - Roanoke Central-	
Women 800 Free	9:02.15	7/31/2002	Ashley Carusone - N. Central Fl-Fl	
Women 800 Free Relay	8:38.28	8/1/2002	M E Lyons Family Branch YMCA - M.E. Lyons-OH-	B Brockman, E Magee, E Miller, M Keefe