

2026 YMCA SHORT COURSE NATIONALS CHAMPIONSHIP ORDER OF EVENTS

Day 1 - Competition starts at 3:30 PM

W	M	
101	102	200 Yard Medley Relay *
103	104	1000 Yard Freestyle **
105	106	800 Yard Free Relay ***

Day 2 - Prelims at 9:00 AM #; Finals at 5:15 PM

W	M	
201	202	200 Yard Backstroke
203	204	100 Yard Butterfly
205	206	200 Yard Breaststroke
		Para-swimmer Event (PM)
101	102	200 Yard Medley Relay

Day 3 - Prelims at 9:00 AM #; Finals at 5:15 PM

W	M	
301	302	100 Yard Backstroke
303	304	200 Yard Freestyle
305	306	400 Yard Individual Medley
		Break (AM-15)
		Para-swimmer Event (PM)
307	308	200 Yard Freestyle Relay

Day 4 - Prelims at 9:00 AM #; Finals at 5:15 PM

W	M	
401	402	200 Yard Individual Medley
403	404	50 Yard Freestyle
405	406	500 Yard Freestyle
		Break (AM-15)
		Para-swimmer Event (PM)
407	408	400 Yard Medley Relay

Day 5 - Prelims at 9:00 AM #; Finals at 5:15 PM

W	M	
501	502	100 Yard Freestyle
503	504	200 Yard Butterfly
505	506	100 Yard Breaststroke
		Break (AM-15)
		Para-swimmer Event (PM)
507	508	400 Yard Freestyle Relay
		Break (AM-15)
509	510	1650 Yard Freestyle ****

* Prelims swim slowest to fastest; B and A finals swim on Day 2 finals.

** Timed final event; fast to slow in separate pools.

*** Timed final event; fast to slow in separate pools.

**** Timed final event; fast to slow in separate pools.

fastest heat swim as first event in Day 5 finals.

Start time subject to change depending on number of entries.