

2026 YMCA SHORT COURSE NATIONALS

TIME TRIAL ORDER OF EVENTS

Day 2

W	M	
221	222	200 Yard Backstroke Time Trial
223	224	100 Yard Butterfly Time Trial
225	226	200 Yard Breaststroke Time Trial
227	228	200 Yard Freestyle Time Trial
229	230	100 Yard Backstroke Time Trial
231	232	50 Yard Freestyle Time Trial
233	234	400 Yard Individual Medley Time Trial
235	236	1000 Yard Freestyle Time Trial

Day 3

W	M	
321	322	50 Yard Freestyle Time Trial
323	324	100 Yard Backstroke Time Trial
325	326	200 Yard Freestyle Time Trial
327	328	200 Yard Individual Medley Time Trial
329	330	400 Yard Individual Medley Time Trial
331	332	500 Yard Freestyle Time Trial

Day 4

W	M	
421	422	200 Yard Individual Medley Time Trial
423	424	50 Yard Freestyle Time Trial
425	426	100 Yard Breaststroke Time Trial
427	428	100 Yard Freestyle Time Trial
429	430	200 Yard Butterfly Time Trial
431	432	500 Yard Freestyle Time Trial

Day 5

W	M	
521	522	100 Yard Freestyle Time Trial
523	524	200 Yard Butterfly Time Trial
525	526	100 Yard Breaststroke Time Trial
527	528	200 Yard Breaststroke Time Trial
529	530	50 Yard Freestyle Time Trial
531	532	200 Yard Backstroke Time Trial
533	534	100 Yard Butterfly Time Trial
535	536	1650 Freestyle Time Trial