

2025 YMCA SHORT COURSE NATIONALS CHAMPIONSHIP ORDER OF EVENTS

Day 1 - Competition starts at 4:00 PM

W	M	
101	102	200 Yard Medley Relay *
103	104	1000 Yard Freestyle **
105	106	800 Yard Free Relay ***

Day 2 - Prelims at 8:45 AM; Finals at 5:15 PM

W	M	
201	202	200 Yard Backstroke
203	204	100 Yard Butterfly
205	206	200 Yard Breaststroke
		Break (PM-5)
101	102	200 Yard Medley Relay

Day 3 - Prelims at 8:45 AM; Finals at 5:15 PM

W	M	
301	302	100 Yard Backstroke
303	304	400 Yard Individual Medley
305	306	200 Yard Freestyle
		Break (AM-15; PM-5)
307	308	200 Yard Freestyle Relay

Day 4 - Prelims at 8:45 AM; Finals at 5:15 PM

W	M	
401	402	200 Yard Individual Medley
403	404	50 Yard Freestyle
405	406	500 Yard Freestyle
		Break (AM-15; PM-5)
407	408	400 Yard Medley Relay

Day 5 - Prelims at 8:45 AM; Finals at 5:15 PM

W	M	
501	502	100 Yard Freestyle
503	504	200 Yard Butterfly
505	506	100 Yard Breaststroke
		Break (AM-15; PM-5)
507	508	400 Yard Freestyle Relay
		Break (AM-15)
509	510	1650 Yard Freestyle ****

* Prelims swim slowest to fastest; B and A finals swim on Day 2 finals.

** Timed final event; fast to slow in separate pools

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**** Timed final event; fast to slow in separate pools;
fastest heat swim as first event in Day 5 finals.