

2025 YMCA National SC Swimming Championship, Sanction #: NC25026AP

Greensboro NC 3.31 - 4.4.2025

Meet Program - 4th Day Men Preliminaries

Event 402 Men 200 Yard IM				
Championship:		1:44.51	4/6/2023	Daniel Diehl
National:		1:41.26	12/12/2024	Thomas Heilman
Lane	Name	Age	Team	Seed Time
Heat 1 of 12 Prelims Starts at 08:45 AM				
1				
2				
3	Ferguson, Nathan	18	Nashua-NH	2:36.54
4	Crowther, Henry	18	Randolph-NJ	1:57.77
5	Ryan, Joe	17	VA Blue Ridge-VA	1:57.79
6				
7				
8				
Heat 2 of 12 Prelims Starts at 08:48 AM				
1				
2	Smith, Henry	15	Piedmont-VA	1:57.49
3	Keough, Shane	15	Triangle Area-NC	1:57.43
4	Stefanowicz, Milo	17	Gtr Monmouth-NJ	1:57.43
5	Young, Tyler	17	Boise-ID	1:57.43
6	Hoke, Wyatt	15	RidleyArea-PA	1:57.44
7	Clark, Colton	16	GenevaLakes-WI	1:57.51
8				
Heat 3 of 12 Prelims Starts at 08:51 AM				
1	Hidalgo, Jomar	16	Lebanon-PA	1:57.25
2	Wiszenko, Michael	17	Gtr Monmouth-NJ	1:57.01
3	Ternes, Maddex	17	Spartanburg-SC	1:56.99
4	Berger, Nick	17	Neys Bluefins	1:56.93
5	Moore, Chase	16	Bloomsburg-PA	1:56.97
6	Rhee, Jeremiah	16	Wyckoff-NJ	1:57.00
7	Smith, Owen	17	GtrSomersetCtyNJ	1:57.20
8	Martin, Shane	16	UpperMainLine-PA	1:57.38
Heat 4 of 12 Prelims Starts at 08:53 AM				
1	Paterson, Henry	17	York-PA	1:56.84
2	Lagrimas, Dylan	17	FanwoodScotch-NJ	1:56.83
3	Parsons, Nash	15	R.C. Durr-KY	1:56.73
4	Sperling, Sam	17	UpperMainLine-PA	1:56.68
5	Cullaty, Owen	17	Piedmont-VA	1:56.68
6	Milhomens, Joey	17	Cheshire-CT	1:56.74
7	McCloskey, Nolan	18	U Perkiomen-PA	1:56.84
8	Franz, Cooper	15	Champaign-IL	1:56.86
Heat 5 of 12 Prelims Starts at 08:55 AM				
1	Borzynski, Jack	16	Racine-WI	1:56.51
2	May, Zach	17	Wheeling-WV	1:56.24
3	Owens, Jay	17	Foothills-SC	1:56.00
4	Lavorini, Adrian	16	Butler-PA	1:55.84
5	Cameron, Harry	16	Carlisle-PA	1:55.90
6	Detwiler, Sean	17	Chambersburg-PA	1:56.17
7	Calderone, Brandon	17	FanwoodScotch-NJ	1:56.30
8	Thompson, Jack	17	GtrSomersetCtyNJ	1:56.64

Heat 6 of 12 Prelims Starts at 08:58 AM				
1	Kyre, Nathan	17	South-OH	1:55.72
2	Brooks, Dalton	16	LakelandHills-NJ	1:55.52
3	Wan, Dylan	15	Gtr Monmouth-NJ	1:55.39
4	Ruffer, Max	16	GtrSomersetCtyNJ	1:55.31
5	McEnroe, Finn	16	Spartanburg-SC	1:55.31
6	Sawyer, Bradley	17	Piedmont-VA	1:55.50
7	Korzeniowski, David	16	Indian Valley-CT	1:55.56
8	Van Ermen, Will	16	Woodson-WI	1:55.75
Heat 7 of 12 Prelims Starts at 09:00 AM				
1	Paredes Carrillo, Adrian	18	UpperPalmetto-SC	1:55.21
2	Menne, Carter	16	ME Lyons-OH	1:55.09
3	Snyder, Nick	18	York-PA	1:55.07
4	O'Neill, Connor	17	SummitBranch-NJ	1:54.67
5	Alejandro, Neil	15	Cheshire-CT	1:54.91
6	Pasholk, Ethan	15	Oshkosh-WI	1:55.08
7	Lee, Joshua	18	Champaign-IL	1:55.17
8	Lajoie, Ben	17	Triangle Area-NC	1:55.21
Heat 8 of 12 Prelims Starts at 09:02 AM				
1	Fahnestock, Erik	16	Champaign-IL	1:54.58
2	Schonfelder, Max	18	Lynchburg-VA	1:54.50
3	Dwyer, Grant	16	North Shore-MA	1:54.29
4	McCuiston, Jack	15	Birmingham-MI	1:53.99
5	Dripchak, Kyle	17	FanwoodScotch-NJ	1:54.00
6	McMasters, Will	18	Lancaster-OH	1:54.45
7	Golinski, Luke	17	Greensboro-NC	1:54.56
8	Wong, Caden	17	SummitBranch-NJ	1:54.65
Heat 9 of 12 Prelims Starts at 09:04 AM				
1	Jiang, Andy	18	AuglaizeMercerOH	1:53.84
2	LePine, Brody	17	Schroeder-WI	1:53.41
3	Eisenhofer, Owen	16	ReadingBerks-PA	1:53.31
4	Sutherland, Ryan	17	Triangle Area-NC	1:52.78
5	Abd, Lucas	18	GtrSomersetCtyNJ	1:52.80
6	Morgan, Seth	16	RockyMount-NC	1:53.39
7	VanGompel, Tyler	18	Oshkosh-WI	1:53.61
8	Hottle, Luke	16	Lynchburg-VA	1:53.88
Heat 10 of 12 Prelims Starts at 09:06 AM				
1	Myer, Joey	18	ReadingBerks-PA	1:52.53
2	Paull, Jack	17	Schroeder-WI	1:51.32
3	Regan, Bobby	17	Western-CT	1:50.03
4	Barnicle, Kenneth	17	GtrSomersetCtyNJ	1:46.40
5	Beeson, Jimmy	16	Spartanburg-SC	1:49.63
6	Torres, Roman	16	York-PA	1:50.84
7	Beverini, Gabriele	17	GtrSomersetCtyNJ	1:51.91
8	Priddy, Levi	17	Parkersburg-WV	1:52.68
Heat 11 of 12 Prelims Starts at 09:09 AM				
1	Olson, Carson	18	KnoxCounty-IL	1:51.95
2	Xu, Ethan	16	Birmingham-MI	1:50.88
3	Hensley, Jack	17	Lancaster-OH	1:49.87
4	Rusnock, John	18	FarmingtonVal-CT	1:45.94
5	Hathaway, Jack	18	Piedmont-VA	1:49.61
6	Franklin, Brayden	17	Spartanburg-SC	1:50.78
7	Hale, Brayden	16	Cheshire-CT	1:51.51
8	Stebbins, Nate	16	Birmingham-MI	1:52.62

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Meet Program - 4th Day Men Preliminaries

Heat 12 Prelims (#402 Men 200 Yard IM)				
1	McGlothen, Kenneth	17	Kanawha-WV	1:51.92
2	Farner, Aj	17	Birmingham-MI	1:50.86
3	Hofmann, Blaise	18	Central Bucks-PA	1:49.79
4	Heilman, Thomas	18	Piedmont-VA	1:41.26
5	Johnson, Connor	17	LakelandHills-NJ	1:49.21
6	Fatta, Kaden	18	York-PA	1:50.77
7	Brostowitz, John	17	Schroeder-WI	1:51.35
8	Carr, Isaac	17	Champaign-IL	1:52.61

Event 404 Men 50 Yard Freestyle				
Championship:	19.48	4/6/2023	Brendan Whitfield	
National:	19.24	12/7/2023	Thomas Heilman	

Lane	Name	Age	Team	Seed Time
Heat 1 of 23 Prelims Starts at 09:13 AM				
1				
2	Sanchez Gomez, Christian	15	Wilton-CT	25.04 L
3	Ferguson, Nathan	18	Nashua-NH	25.80
4	Cheng, Gabriel	16	Schroeder-WI	22.09
5	Iyer, Hirsh	17	Wilton-CT	22.09
6	Hampleman, Pierce	16	W.North Carolina	30.90
7				
8				

Heat 2 of 23 Prelims Starts at 09:14 AM				
1	Rudzinski, Owen	16	Coffman - OH	22.09
2	Stumpf, Jordan	16	Franklin-PA	22.09
3	DeVizia, Gabe	16	Triangle Area-NC	22.08
4	Annise, Lincoln	16	UpperMainLine-PA	22.08
5	Aberle, Luke	17	Hickory-NC	22.08
6	Burnette, Isaac	17	Countryside-OH	22.08
7	Gates, Andrew	17	ReadingBerks-PA	22.09
8	Griffiths, Joseph	15	UpperMainLine-PA	22.09

Heat 3 of 23 Prelims Starts at 09:15 AM				
1	Charlton, Ben	14	Piedmont-VA	22.08
2	Dale, Jerrin	17	Miami County-OH	22.07
3	Bowlus, Jackson	17	Lima-OH	22.07
4	O'Toole, Iain	15	Coatesville-PA	22.05
5	Muller, Arkady	17	Lowes-NC	22.07
6	Jackson, Will	18	Spartanburg-SC	22.07
7	Vasilov, Anthon	17	FanwoodScotch-NJ	22.08
8	Valero, Parker	16	FarmingtonVal-CT	22.08

Heat 4 of 23 Prelims Starts at 09:15 AM				
1	Brown, Rylan	15	UnionCounty-OH	22.04
2	Cathey, Anderson	17	Greensboro-NC	22.03
3	Lanier, Ian	15	W.North Carolina	22.03
4	Gallo, Hunter	17	LakelandHills-NJ	22.02
5	Detwiler, Sean	17	Chambersburg-PA	22.03
6	Hepburn, Evan	18	Triangle Area-NC	22.03
7	Miles, Grady	17	Powel Crosley-OH	22.04
8	Hynes, Patrick	17	RidleyArea-PA	22.05

Heat 5 of 23 Prelims Starts at 09:16 AM				
1	Wright, Chris	17	Sussex Family-DE	22.02
2	Burke, Cooper	18	ME Lyons-OH	22.01
3	Cameron, Harry	16	Carlisle-PA	22.00
4	Booth, Kellen	18	Cheshire-CT	22.00
5	Tseng, Alec	18	Liberty Twp-OH	22.00
6	Worth, Turner	16	Birmingham-MI	22.00
7	Michaels, Braden	16	FanwoodScotch-NJ	22.01
8	Schick, Gavin	17	Schroeder-WI	22.02

Heat 6 of 23 Prelims Starts at 09:17 AM				
1	Clauss, Alex	16	Boyertown-PA	21.99
2	Lozanguiez, Christian	17	Randolph-NJ	21.98
3	Mihok, Zachary	16	Youngstown-OH	21.97
4	Raczek, Tony	16	Stevens Point-WI	21.97
5	Mitchell, David	17	Bath Area-ME	21.97
6	Linde, Karl	16	Central Bucks-PA	21.97
7	Cetin, Joshua	16	GtrSomersetCtyNJ	21.99
8	Hilt, Jonah	18	West Chester-PA	21.99

Heat 7 of 23 Prelims Starts at 09:17 AM				
1	Suhrbier, Peter	17	ReadingBerks-PA	21.97
2	Wright, Sawyer	17	Bath Area-ME	21.95
3	Moran, Brendan	18	Central-MD	21.95
4	Fisher, Zach	14	Piedmont-VA	21.94
5	Smith, Levi	17	Spartanburg-SC	21.94
6	Hirata, Zach	16	Northwest-NC	21.95
7	Pitassi, Leo	16	Friendship-PA	21.96
8	Mizuba, Max	15	VA Blue Ridge-VA	21.97

Heat 8 of 23 Prelims Starts at 09:18 AM				
1	West, Sheppard	18	Central-IA	21.92
2	Osborn, Quinn	16	Spartanburg-SC	21.91
3	Moore, Chase	16	Bloomsburg-PA	21.89
4	Gomez, AJ	18	Powel Crosley-OH	21.88
5	Ryan, Joe	17	VA Blue Ridge-VA	21.88
6	Hensley, Jonathan	14	Greensboro-NC	21.91
7	Wall, Brody	14	Lynchburg-VA	21.91
8	Hollenbach, Cody	17	RidleyArea-PA	21.92

Heat 9 of 23 Prelims Starts at 09:19 AM				
1	Syms, Jake	16	Piedmont-VA	21.87
2	Clark, Colton	16	GenevaLakes-WI	21.87
3	Hamrick, Will	18	Kanawha-WV	21.86
4	Feath, Will	15	Schneider-PA	21.85
5	Pfeiler, Javier	16	Kleptz-OH	21.85
6	Eisenhofer, Keagan	17	ReadingBerks-PA	21.87
7	Breit, Nathan	17	Racine-WI	21.87
8	Herman, Joe	18	Titusville-PA	21.88

Heat 10 of 23 Prelims Starts at 09:19 AM				
1	Sawyer, Bradley	17	Piedmont-VA	21.84
2	Westhoven, Drew	18	Ocean County-NJ	21.84
3	Reck, Grayson	16	Bloomsburg-PA	21.82
4	Biscotte, Carter	15	VA Blue Ridge-VA	21.80
5	Darragh, Nick	18	Phoenixville-PA	21.81
6	Johnson, CJ	16	Greenwich-CT	21.83
7	Houg, Sam	18	Lima-OH	21.84
8	Nunez, Rey	18	Indiana-PA	21.84

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Meet Program - 4th Day Men Preliminaries

Heat 11 Prelims (#404 Men 50 Yard Freestyle)

1	Ziel, Robbie	17	UpperPalmetto-SC	21.79
2	O'Hara, Charles	16	UpperMainLine-PA	21.77
3	Fletcher-Ford, Liam	15	Western-CT	21.76
4	Pong, Cristian	17	Chambersburg-PA	21.75
5	Wilson, Cole	16	Wyckoff-NJ	21.76
6	Sadcopen, Hermes	14	Joliet-IL	21.76
7	Moore, Griffin	18	Spartanburg-SC	21.78
8	Tith, Sebastian	16	UpperMainLine-PA	21.79

Heat 12 of 23 Prelims Starts at 09:21 AM

1	McKittrick, Hunter	17	GenevaLakes-WI	21.75
2	Mazon, Luke	15	Stark-OH	21.73
3	Kelly, Logan	16	Hickory-NC	21.72
4	Shewfelt, Finch	17	McGaw-IL	21.71
5	Winslow, Kye	18	Grove City-PA	21.72
6	Campbell, Cole	16	Lynchburg-VA	21.72
7	Canosa, Sebastian	17	GtrSomersetCtyNJ	21.73
8	Piercy, Evan	18	Champaign-IL	21.75

Heat 13 of 23 Prelims Starts at 09:21 AM

1	Preston, Tate	17	UpperPalmetto-SC	21.69
2	Newcomb, Jackson	17	AuglaizeMercerOH	21.67
3	Larkin, Will	15	GenevaLakes-WI	21.66
4	Bokma, Henry	18	Boise-ID	21.65
5	Steffen, Colin	17	Putnam-OH	21.65
6	Beatty, Blake	18	Woodson-WI	21.66
7	Alexander, Charlie	16	Piedmont-VA	21.68
8	Ezzell, Conner	17	RockyMount-NC	21.71

Heat 14 of 23 Prelims Starts at 09:22 AM

1	Schell, Brady	16	Sussex Family-DE	21.62
2	Petersen, Andrew	16	Gtr Monmouth-NJ	21.62
3	Martin, Jack	16	ReadingBerks-PA	21.61
4	Stahl, Keegan	16	Summit-GA	21.58
5	Psillos, Tasso	17	Ocean County-NJ	21.58
6	Warren, Dannie	15	Stark-OH	21.61
7	Green, Nicholas	18	UpperMainLine-PA	21.62
8	Sadowski, Blaise	17	UpperMainLine-PA	21.64

Heat 15 of 23 Prelims Starts at 09:23 AM

1	Vallino, Sam	16	UpperMainLine-PA	21.58
2	Moon, Charlie	17	SummitBranch-NJ	21.57
3	Foster, Nathaniel	17	Racine-WI	21.55
4	Jablonski, Kyler	17	Coffman - OH	21.54
5	Easton, Chase	16	Piedmont-VA	21.55
6	Griffith, Owen	16	Hickory-NC	21.56
7	Barger, Andy	16	Triangle Area-NC	21.58
8	Ruckel-Bekefi, Alexander	17	Gtr Monmouth-NJ	21.58

Heat 16 of 23 Prelims Starts at 09:24 AM

1	Ward, Andy	18	Youngstown-OH	21.53
2	Metz, Michael	16	Powel Crosley-OH	21.52
3	Kearns, Emmett	16	Champaign-IL	21.42
4	Short, John	18	Coffman - OH	21.40
5	Stevenson, Declund	17	Lynchburg-VA	21.40
6	Pressler, Charlie	17	Powel Crosley-OH	21.49
7	Wilkes, Connor	18	VA Blue Ridge-VA	21.52
8	Lee, Harrison	17	Wyckoff-NJ	21.53

Heat 17 of 23 Prelims Starts at 09:24 AM

1	Brunetti, Jake	18	Neys Bluefins	21.38
2	Mignery, Luke	17	Powel Crosley-OH	21.38
3	Jordan, Tristan	18	Smithfield-RI	21.37
4	Rogers, Charlie	15	ReadingBerks-PA	21.37
5	Mercer, Jake	17	Wilton-CT	21.37
6	Carl, Evan	17	Boyetown-PA	21.37
7	Bien, Liam	18	ME Lyons-OH	21.38
8	Pinzon Pacheco, Matthew	18	FarmingtonVal-CT	21.39

Heat 18 of 23 Prelims Starts at 09:25 AM

1	Mims, Josh	17	Schroeder-WI	21.35
2	Berger, Nick	17	Neys Bluefins	21.33
3	Haas, Liam	16	UpperMainLine-PA	21.29
4	Kirby, Connor	16	UpperMainLine-PA	21.28
5	Reed, Josh	16	Indiana-PA	21.28
6	Spivery, Noah	17	Powel Crosley-OH	21.30
7	Woodruff, Graham	16	Lynchburg-VA	21.35
8	Yukhvid, Gregory	18	GtrSomersetCtyNJ	21.36

Heat 19 of 23 Prelims Starts at 09:26 AM

1	Mahorney, Will	16	Springfield-IL	21.27
2	Richardson, Jonathan	16	UpperMainLine-PA	21.21
3	Wang, Richard	18	Piedmont-VA	21.20
4	Clippard, Andrew	17	Powel Crosley-OH	21.18
5	Hathaway, Jack	18	Piedmont-VA	21.19
6	Levi, Ryker	14	Wyckoff-NJ	21.20
7	Blanford, Jake	16	Northeast-KY	21.22
8	Wiand, Turner	17	UpperPalmetto-SC	21.27

Heat 20 of 23 Prelims Starts at 09:26 AM

1	Apostol, Daniel	18	Billings-MT	21.15
2	Beck, Billy	16	UpperMainLine-PA	21.10
3	Touchberry, Beckham	17	Summerville-SC	21.05
4	Ames, Logan	17	Fulton-NY	21.01
5	Shue, Jasper	17	Boise-ID	21.02
6	Wasko, Christopher	16	GtrSomersetCtyNJ	21.08
7	Chandgie, Wade	17	Spartanburg-SC	21.14
8	Condell, Dylan	18	Westfield-NJ	21.16

Heat 21 of 23 Prelims Starts at 09:27 AM

1	Leach, Patrick	17	Neys Bluefins	20.91
2	Priddy, Levi	17	Parkersburg-WV	20.73
3	McDonough, Gaffney	18	Bath Area-ME	20.47
4	Kessler, Preston	18	Indiana-PA	20.14
5	Gaerthofner, Drew	18	Oshkosh-WI	20.29
6	Wool, Blake	17	FarmingtonVal-CT	20.64
7	Batchelor, Kai	17	LakelandHills-NJ	20.78
8	Opsal, Kade	17	DickFamily-MI	21.00

Heat 22 of 23 Prelims Starts at 09:28 AM

1	Ivanov, Michael	18	WestportWestonCT	20.85
2	Pyle, Wade	16	Champaign-IL	20.72
3	Lamb, Luke	17	Schneider-PA	20.43
4	Browne, Will	18	Piedmont-VA	19.95
5	Waibel, Owen	18	FanwoodScotch-NJ	20.23
6	Kohl, Rayburn	18	McGaw-IL	20.58
7	Witham, Lucas	17	Rapid Area-MI	20.78
8	Impens, Dominic	17	UpperPalmetto-SC	20.92

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Greensboro NC 3.31 - 4.4.2025

Meet Program - 4th Day Men Preliminaries

Heat 23 Prelims (#404 Men 50 Yard Freestyle)				
1	Higgins, Jack	17	Birmingham-MI	20.79
2	Pope, Ben	16	Indian Valley-CT	20.71
3	Weise, Braden	17	ReadingBerks-PA	20.30
4	Hoole, Jonathan	18	RidleyArea-PA	19.93
5	Barwick, Keaton	18	Woodson-WI	20.19
6	Stoltz, Eddie	17	UpperMainLine-PA	20.56
7	Medlin, Charles	17	Champaign-IL	20.76
8	MacMillan, Jack	17	GtrSomersetCtyNJ	20.91

Event 406 Men 500 Yard Freestyle				
Championship:		4:18.01	4/5/2011	Nicholas Caldwell
National:		4:17.02	12/7/2023	David King

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims Starts at 09:29 AM				
1				
2				
3	Ward, Kevin	16	GtrSomersetCtyNJ	4:45.47
4	Roer, Tyler	18	LakelandHills-NJ	4:45.13
5	Barnicle, Matt	15	GtrSomersetCtyNJ	4:45.20
6				
7				
8				

Heat 2 of 7 Prelims Starts at 09:34 AM				
1	Sosnowski, Luke	16	Farmington-MI	4:45.08
2	Moffatt, Cooper	18	LakelandHills-NJ	4:44.55
3	Regan, Harrison	17	LaCrosse-WI	4:43.97
4	Hill, Jude	15	Schroeder-WI	4:43.90
5	Stanik, Sean	16	FanwoodScotch-NJ	4:43.91
6	Hall, Chris	17	Gtr Monmouth-NJ	4:44.18
7	Deeney, Nathan	16	Phoenixville-PA	4:44.57
8	Menne, Carter	16	ME Lyons-OH	4:45.12

Heat 3 of 7 Prelims Starts at 09:39 AM				
1	White, Ethan	16	Chambersburg-PA	4:43.36
2	Woodruff, Graham	16	Lynchburg-VA	4:42.90
3	Conlin, LJ	17	SummitBranch-NJ	4:42.64
4	Titley, Brendan	15	Metro North-MA	4:41.75
5	VanDyke, Ryan	16	Birmingham-MI	4:41.95
6	Ryan, Bryce	18	Summit-GA	4:42.82
7	Smith, Carter	15	GtrSomersetCtyNJ	4:43.23
8	Hester, Reid	17	FarmingtonVal-CT	4:43.43

Heat 4 of 7 Prelims Starts at 09:44 AM				
1	Tucker, Max	17	Spartanburg-SC	4:40.74
2	Aguilar, Sebastian	18	Oshkosh-WI	4:40.29
3	Kahsay, Gabriel	18	Chambersburg-PA	4:39.84
4	VanVelzor, Evan	16	Wilton-CT	4:39.07
5	Heinze, Will	19	FanwoodScotch-NJ	4:39.61
6	Rice, Hudson	16	Lynchburg-VA	4:40.13
7	Rutherford, Eli	14	Piedmont-VA	4:40.64
8	Wan, Dylan	15	Gtr Monmouth-NJ	4:40.86

Heat 5 of 7 Prelims Starts at 09:49 AM				
1	Tasker, Amir	16	Chambersburg-PA	4:38.01
2	Gallagher, Brady	15	UpperMainLine-PA	4:37.13
3	Stebbins, Nate	16	Birmingham-MI	4:36.79
4	Gatti, Domingo	16	GtrSomersetCtyNJ	4:36.48
5	Kaczmark, Alex	17	Chambersburg-PA	4:36.52
6	Edmondson, Eli	17	Triangle Area-NC	4:36.99
7	Tungate, Ben	16	Piedmont-VA	4:37.42
8	Wool, Blake	17	FarmingtonVal-CT	4:38.49

Heat 6 of 7 Prelims Starts at 09:54 AM				
1	Mulgrew, Porter	15	North Shore-MA	4:35.05
2	McGraw, Cullen	16	Chambersburg-PA	4:33.77
3	King, Brayden	17	Piedmont-VA	4:31.76
4	Charlton, Will	16	Piedmont-VA	4:27.82
5	Lonsberry, Cody	17	Indian Valley-CT	4:31.58
6	McClure, Harrison	16	FanwoodScotch-NJ	4:32.58
7	Wichman, Eli	17	Schroeder-WI	4:33.89
8	O'Neill, Quinn	16	Birmingham-MI	4:36.38

Heat 7 of 7 Prelims Starts at 09:59 AM				
1	Iturbe Cosano, Riqui	18	GtrSomersetCtyNJ	4:34.36
2	Eodice, John	16	GtrSomersetCtyNJ	4:32.76
3	Burk, Kyle	15	Kennett&JvilleMA	4:31.65
4	Schutten, Ethan	17	Schroeder-WI	4:22.79
5	Stull, Oliver	18	Spartanburg-SC	4:28.90
6	Council, Lincoln	17	Spartanburg-SC	4:32.40
7	Keenan, William	16	Schroeder-WI	4:33.86
8	Smith, Grant	16	Newberry-SC	4:35.55

Event 408 Men 400 Yard Medley Relay				
Championship:		3:13.14	4/5/2024	Schroeder YMCA
S Lorenz, J Paull, B LePine, J Sullivan				
National:		3:08.95	12/7/2023	Piedmont Family YMCA

D King, M Moore, T Heilman, W Browne				
Lane	Team	Relay	Seed Time	

Heat 1 of 6 Prelims Starts at 10:19 AM				
1	Phoenixville-PA			3:36.11
2	Northwest-NC			3:35.58
3	Kanawha-WV			3:35.10
4	Schneider-PA			3:34.54
5	Central Bucks-PA			3:34.71
6	VA Blue Ridge-VA			3:35.42
7	AuglaizeMercerOH			3:35.77
8	Huntington-NY			3:36.32

Heat 2 of 6 Prelims Starts at 10:23 AM				
1	Coffman - OH			3:34.00
2	Racine-WI			3:32.79
3	Western-CT			3:32.76
4	Indian Valley-CT			3:32.38
5	Randolph-NJ			3:32.53
6	Wilton-CT			3:32.76
7	ME Lyons-OH			3:33.22
8	Bloomsburg-PA			3:34.19

2025 YMCA National SC Swimming Championship, Sanction #: NC25026AP

Greensboro NC 3.31 - 4.4.2025

Meet Program - 4th Day Men Preliminaries

Heat 3 Prelims (#408 Men 400 Yard Medley Relay)

1	Bath Area-ME	3:31.71
2	Greensboro-NC	3:31.01
3	Woodson-WI	3:30.10
4	Gtr Monmouth-NJ	3:29.11
5	Rapid Area-MI	3:29.59
6	RidleyArea-PA	3:30.68
7	Boise-ID	3:31.11
8	GenevaLakes-WI	3:32.04

Heat 4 of 6 Prelims Starts at 10:31 AM

1	Indiana-PA	3:28.61
2	Chambersburg-PA	3:28.00
3	Wyckoff-NJ	3:27.77
4	Champaign-IL	3:27.39
5	Cheshire-CT	3:27.67
6	Springfield-IL	3:27.93
7	Lynchburg-VA	3:28.04
8	Neys Bluefins	3:28.99

Heat 5 of 6 Prelims Starts at 10:35 AM

1	UpperPalmetto-SC	3:24.95
2	York-PA	3:23.11
3	Triangle Area-NC	3:22.34
4	GtrSomersetCtyNJ	3:18.24
5	UpperMainLine-PA	3:20.35
6	LakelandHills-NJ	3:22.88
7	Birmingham-MI	3:23.96
8	SummitBranch-NJ	3:26.48

Heat 6 of 6 Prelims Starts at 10:39 AM

1	FanwoodScotch-NJ	3:24.52
2	Oshkosh-WI	3:22.99
3	ReadingBerks-PA	3:21.94
4	Piedmont-VA	3:13.43
5	Spartanburg-SC	3:20.10
6	Schroeder-WI	3:22.40
7	FarmingtonVal-CT	3:23.79
8	Powel Crosley-OH	3:26.31