



2025 YMCA National Diving Championship Event Order

Wednesday Warmups: 11:00-5:00 PM | Competition Starts at 9:00 AM Daily
 Finals start 15 min after completion of the Prelims | Platform events are Finals only
 Boards open for 1 hour after the last events on Thursday and Friday

<u>Thursday, April 10, 2025</u> Open Warmups 7:00-8:20	
Event 1: Warmups 8:20-9:00 Competition 9:00-10:30	
<u>1 Meter</u> Boys 11 & Under Boys 12-13	<u>3 Meter</u> Girls 11 & Under Girls 12-13
Event 2: Warmups 10:30-11:10 Competition 11:10-1:15	
<u>1 Meter</u> Boys 14 & 15 Boys 16-21	<u>3 Meter</u> Girls 14-15
Event 3: Warmups 1:15-1:45 Competition 1:45-3:00	
<u>Platform</u> Girls 16-21	
<u>Friday, April 11, 2025</u> Open Warmups 7:00-8:20	
Event 4: Warmups 8:20-9:00 Competition 9:00-10:30	
<u>1 Meter</u> Girls 11 & Under Girls 12-13	<u>3 Meter</u> Boys 11 & Under Boys 12-13
Event 5: Warmups 10:30-11:10 Competition 11:10-12:30	
<u>1 Meter</u> Girls 14-15	<u>3 Meter / Platform</u> Boys 14 & 15 - 3M Boys 16-21 - Platform
Event 6: Warmups 12:30-1:15 Competition 1:15-3:15	
<u>3 Meter</u> Girls 16-21	
<u>Saturday, April 12, 2025</u> Open Warmups 7:30-9:00	
Event 7: Warmups 7:30-9:00 Competition 9:00-10:35	
<u>Platform</u> Girls 11&U, 12-13 & 14-15 Boys 11&U, 12-13 & 14-15	<u>3 Meter</u> Boys 16-21
Event 8: Warmups 10:35-11:05 Competition 11:05-1:00	
<u>1 Meter</u> Girls 16-21	