

2026 YMCA National Masters Meet Order of Events

Thursday - 8:00 AM

Women	Men	Event
101	102	1650 Yd. Freestyle ** (see note below)
<i>15 Minute Warm up and Reflection</i>		
103	104	1000 Yd. Freestyle ** (see note below)

Friday - 8:00 AM

Women	Men	Event
201	202	400 Yd. Individual Medley * (See note below)
<i>15 Minute Warm up and Reflection</i>		
203		Mixed 200 Yd. Freestyle Relay
205	206	100 Yd. Backstroke
207	208	50 Yd. Butterfly
209	210	200 Yd. Freestyle
211	212	100 Yd. Breaststroke
213	214	200 Yd. Freestyle Relay

Saturday - 8:00 AM

Women	Men	Event
301	xx	Women's 500 Yd. Freestyle # (See note below)
<i>15 Minute Warm up and Reflection</i>		
302		Mixed 200 Yd. Medley Relay
303	304	200 Yd. Butterfly
305	306	50 Yd. Backstroke
307	308	100 Yd. Freestyle
309	310	200 Yd. Breaststroke
311	312	100 Yd. Individual Medley
313	314	400 Yd. Freestyle Relay

Sunday - 8:00 AM

Women	Men	Event
xx	401	Men's 500 Yd. Freestyle # (See note below)
<i>15 Minute Warm up and Reflection</i>		
403	404	200 Yd. Medley Relay
405	406	200 Yd. Individual Medley
407	408	50 yd Breaststroke
409	410	100 Yd. Butterfly
411	412	50 Yd. Freestyle
413	414	200 Yd. Backstroke

** The 1000 Yd. and 1650 Yd. Freestyle events will be seeded fastest to slowest

* 400 Yd. Individual Medley and 500 Yd. Freestyle will be seeded by time, slowest to fastest

All other events will be seeded by age group and then by time, slowest to fastest

Mixed Relays will be swum in the Women's pool

500 Yd. Freestyle will be swum in both pools, odd heats in one pool, even heats in the other

